NURSE: Mistress! What, mistress! Juliet!—Fast, I warrant her, she.—

Why, lamb! Why, lady! Fie, you slug-a-bed. Why, love, I say. Madam! Sweet-heart!

Why, bride! What, not a word? You take your pennyworths now. Sleep for a week…

At the beginning of Act 4, Scene 5, the Nurse thinks Juliet is sleeping. The National Health Service (NHS) give advice for how much time children of different ages should sleep for…

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| --- | --- | --- |
| **Age** | **Quantity of Daytime Sleep needed:** | **Quantity of Night-Time Sleep needed:** |
| 1 week  | daytime: 8 hours | night-time: 8 hours 30 minutes |
| 4 weeks | daytime: 6 to 7 hours | night-time: 8 to 9 hours |
| 3 months  | daytime: 4 to 5 hours | night-time: 10 to 11 hours |
| 6 months  | daytime: 3 hours  | night-time: 11 hours |
| 9 months  | daytime: 2 hours 30 minutes | night-time: 11 hours |
| 12 months  | daytime: 2 hours 30 minutes | night-time: 11 hours |
| 2 years  | daytime: 1 hour 30 minutes | night-time: 11 hours 30 minutes |
| 3 years  | daytime: 0 to 45 minutes  | night-time: 11 hours 30 minutes to 12 hours |
| 4 years  | - | night-time: 11 hours 30 minutes |
| 5 years  | - | night-time: 11 hours |
| 6 years  | - | night-time: 10 hours 45 minutes |
| 7 years  | - | night-time: 10 hours 30 minutes |
| 8 years  | - | night-time: 10 hours 15 minutes |
| 9 years  | - | night-time: 10 hours |
| 10 years  | - | night-time: 9 hours 45 minutes |
| 11 years  | - | night-time: 9 hours 30 minutes |
| 12 years  | - | night-time: 9 hours 15 minutes |
| 13 years  | - | night-time: 9 hours 15 minutes |
| 14 years  | - | night-time: 9 hours |
| 15 years  | - | night-time: 9 hours |
| 16 years  | - | night-time: 9 hours |

1. Until what age do you need sleep in the day? ………………………………………………………………………………
2. How much more sleep does a 10-year-old need than a 14 year old? …………………………………………………
3. How much less sleep does a 16-year-old need than a 4 year old? ………………………………………………………
4. What age needs 13 hours of sleep? ……………………………………………………………………
5. How many hours of sleep does a 1 week old need in a 24 hour period? ……………………………………………
6. How much difference is there between the sleep that a 1 week needs and that of a 16 year old? ………………………………………………………
7. If Juliet is 14 years and Romeo is 16 years old, how much sleep would they need all together? …………………………
8. If a 14-year-old goes to bed at 8.30pm, what time should they wake up? ………………………………………………
9. How much sleep do you predict an 18-year-old needs? Why? …………………………………………………
10. How many minutes sleep does a 14 year old need? ……………………………………………………

Using the information in the table, raise 2 of your own questions to ask a learning partner…